

BELOW 100 INTENSIVE & TRAIN-THE-TRAINER



Hosted by:

Southwest Virginia Criminal Justice
Training Academy

MAY 26, 2026

TRAINING SESSIONS:

BELOW 100 INTENSIVE 8AM - 12PM

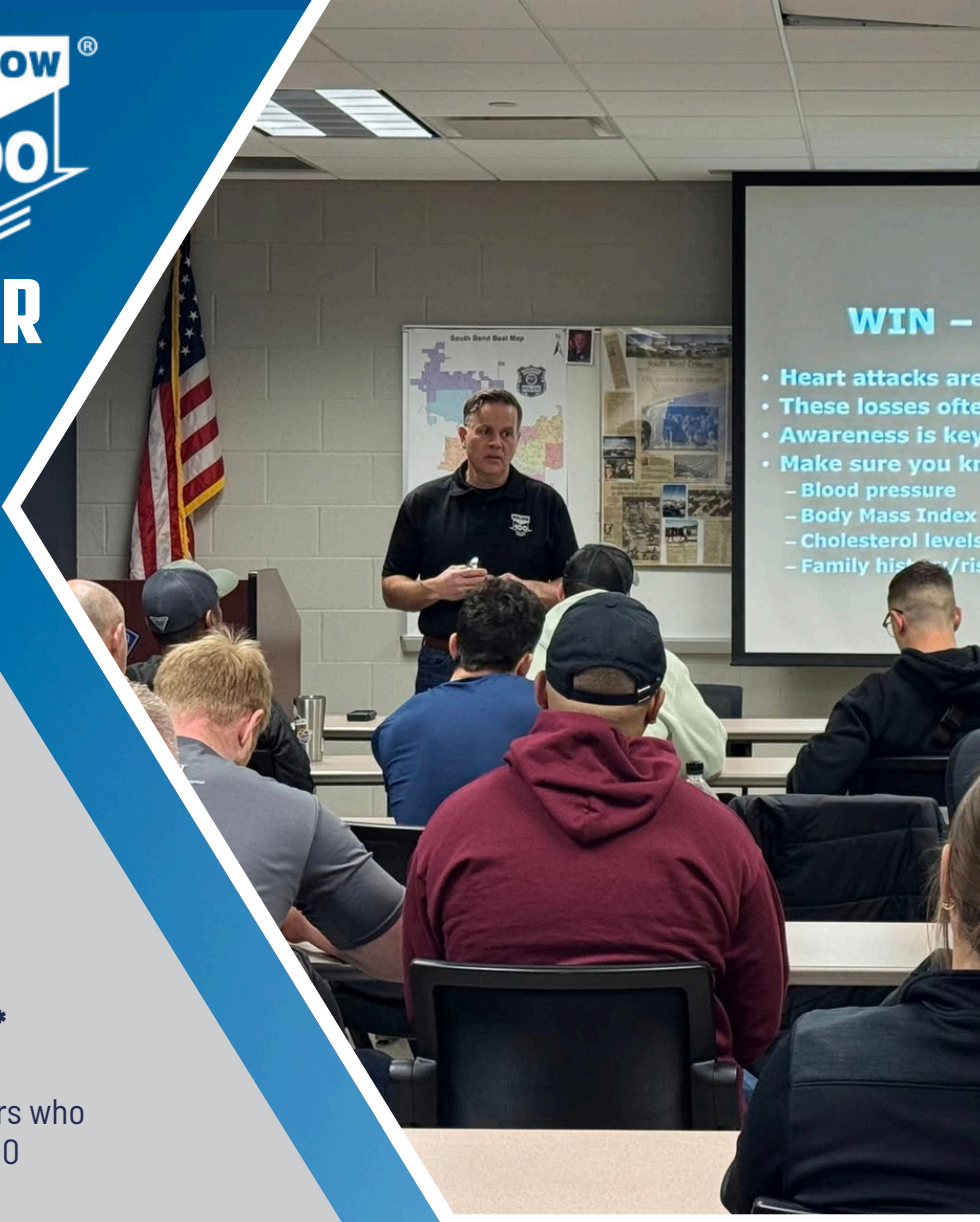
This is the core program course focused
on the 5 Tenets of Officer Safety.
(You may attend this portion only)

BELOW 100 TRAIN-THE-TRAINER* 1PM - 5PM

This course is for agency recognized trainers who
want to be certified to instruct the Below 100
Intensive course on their own.

** Trainer Candidates must first attend the Below 100 Intensive Course*

Training provided by Below 100 Core Trainer:
Jeff Welch



WIN -

- Heart attacks are
- These losses ofte
- Awareness is key
- Make sure you kn
 - Blood pressure
 - Body Mass Index
 - Cholesterol levels
 - Family history/ris

SIGN UP INFO

Contact Tim Tester

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TRAINING LOCATION:

SW Virginia Criminal Justice Training Academy
1595 Bonham Road
Bristol, VA 24201

Vision - Reduce line-of-duty deaths to fewer than 100 per year.